

INDIANAPOLIS METROPOLITAN HIGH SCHOOL

FALL 2018 NEWSLETTER

A LETTER FROM OUR SUPERINTENDENT

Hello,

Welcome back, Pumas! Things have been busy at Indianapolis Metropolitan High School this summer. Our staff leadership developed a new bell schedule to ensure students are successful during peak learning hours, and the student-run cafe, Puma Sips, is open for students and staff to patronize. We are proud to welcome new staff members to the team, some of whom help us continue to place an emphasis on students' social and emotional development.

Indianapolis Met is also proud to offer free on-site child care. Students who are parenting are welcome to use our child care services to ensure educational progress is not interrupted. If you are interested in learning more about this opportunity, or know of someone who might benefit from it, please call us directly at 317.524.4000.

I will leave you with some exciting news about last year's graduating class. After shifting our model to support students who are experiencing circumstances that may become barriers to education, Indianapolis Met's graduation rate increased by over 50 percentage points. Many of our graduates enrolled into college or began their careers immediately upon graduating.

Indianapolis Met is honored to work with our inspiring students and their family members every day. We strive to continue providing excellent academic paths for students, as well as athletics, electives and learning opportunities that will support their development into graduation and beyond.

Go Pumas!



Betsy Delgado
Vice President of
Mission & Education Initiatives
Goodwill of Central & Southern Indiana

Student Spotlight



Sandra Martinez was a freshman in high school when she learned she was pregnant. She struggled to keep up with her course work and was eventually forced to withdraw. Fortunately, Sandra has a solid support system that is committed to ensuring she earns her diploma and succeeds as a parent.

"My mom learned that Indianapolis Metropolitan High School helps students like me who are parents," Sandra said. "Once my daughter has her immunizations, she will attend Young Learners Child Care," free, curriculum-based on-site child care available to Indianapolis Met students.

Sandra's family also helped her enroll in Goodwill's Nurse-Family Partnership®. The nurse home visitation program pairs first-time, low-income moms with a registered nurse who helps them achieve a healthy pregnancy and provide competent care for their babies.

"My nurse taught me the importance of breastfeeding and what to expect in the delivery room," Sandra said. "She also taught me how to anticipate when my baby is hungry before she starts crying."

Sandra is working with an academic coach at Indianapolis Met to discuss possible career paths once she graduates. She plans to attend a cosmetology school to explore her passion for hair and nail design, with the ultimate goal of one day opening her own salon.

Class Spotlight: Speech and Debate

Indianapolis Met High School offers a variety of electives for students to take in addition to their core classes. One new course offered this school year is Speech and Debate, led by instructor Ryan Calvin.

"Students in this class have a lot of personality," said Mr. Calvin. "Speech and Debate allows them the opportunity to express themselves creatively and academically."

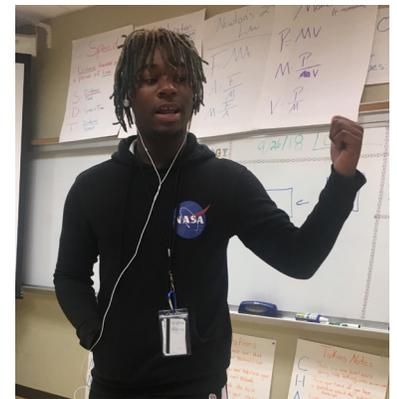
A class of 12 students, Speech and Debate prepares learners for presentations and public speaking through practice, linguistics studies and mindfulness training.

"During our first few lessons, we really emphasized the basics, such as eliminating fillers from our stories, standing still while presenting and getting comfortable speaking in front of others," said Mr. Calvin.

After students spent time refining their public speaking skills, each of them selected their own piece to rehearse, memorize and share in front of their peers.

"I want to show everyone what I have been practicing," said Ke'sean Conyers, student at Indianapolis Met. "Speech class is helping me learn how to be more comfortable speaking and performing in front of a large group."

For more information about Speech and Debate, or other electives, contact our talented coaches: indianapolismet.org/directory.



Event Spotlight: Indianapolis Met Prepares to Open Student-Run Coffee Shop

Indianapolis Metropolitan recently opened our student-run coffee shop, Puma Sips, to students and staff.

“Puma Sips is the culmination of over a year’s worth of hard work between our students, faculty and Goodwill staff,” said Sheila Dollaske, Goodwill Education School Development and Innovation Director. “Our objective with Puma Sips was to offer our students a unique, project-based learning opportunity where they would learn skills that could be applied to post-secondary opportunities.”

Throughout the 2017-18 school year, a class of students gathered every day with an instructor to research and study business plans, as well as build their own. Various students were given key roles to the structure of the coffee shop, including Chief Executive Officer and Director of Marketing.

“We are excited to see our hard work pay off with the official opening of the coffee shop in late October,” said Indianapolis Met senior Zoey Lewis, CEO of Puma Sips. “Together, our class planned the business goals, the menu options and the staffing needed to successfully run the business.”

The students also visited other student-run coffee shops to interview those individuals and learn from their experiences.

“Visiting another coffee shop organized by students helped us realize that Puma Sips is real,” said Zoey Lewis. “We were able to take notes about their challenges and achievements to help us plan.”

Open Monday through Friday, Puma Sips will offer Goodwill employees and their guests a menu that includes both iced and hot coffee, iced tea, a fruit smoothie and a latte. Seating is also available for customers to work independently or hold meetings, where no reservation is required, and free wi-fi is available. Both cash and card are accepted as forms of payment.

Puma Sips is expected to officially open later this month. For more information, call us at 317.524.4000 or email Sheila Dollaske at sheila.dollaske@goodwilleducation.org.



NEW STAFF MEMBERS

Shout-out to our newest Puma staff members! During the summer months, our leadership team was busy interviewing and expanding our talented faculty to help serve our Indy Met students.

Navonda Adams, Social Emotional Skills Instructor

Devon Archie, Coach

Megan Bilbo, English/Language Arts Teacher

Ryan Calvin, Science Teacher

Melinda Collins, Social Studies Teacher

Yalanda Graham, Assistant Principal of Special Populations

Mark Haltom, Math Teacher

Claire Humphrey, Lead Coach

Michael Landeck, Manager of Operations

Justin Musgrove, Math Teacher

Selena Schraven, Math Teacher

Shanel Scott, College and Career Readiness Specialist

James Turner, Restorative Coordinator

2018-19 Bell Schedule

MONDAY -THURSDAY	
Period 1	8:45-9:35
Period 2	9:39-10:29
Period 3	10:33-11:23
Period 4	11:27-12:59 (Lunches)
Period 5	1:04-1:42
Period 6	1:46-2:36
Period 7	2:40-3:30

FRIDAY	
Period 1	10:00-10:44
Period 2	10:48 -11:33
Period 3	11:37-1:06 (Lunches)
Period 4	1:10-1:54
Period 5	
Period 6	1:58 - 2:42
Period 7	2:46 - 3:30

IMPORTANT DATES

No School for Students:
November 2, 2018

Mastery Cycle 2 Ends:
November 7, 2018

No School, Thanksgiving Break:
November 21-23, 2018

No School for Students:
November 30, 2018

No School, Winter Break:
December 21, 2018-January 6, 2019